

BIOSAFE WORKPLACE



from Gryphon Scientific
www.gryphonscientific.com

NETWORKING ADVICE

NO HANDSHAKES

Replace greeting handshakes and celebratory high fives with head nods, waves, peace signs or bumping feet.



SHARE DIGITAL INFORMATION

Ensure you can reconnect with new contacts by exchanging your business information digitally. This is important for networking, but also for contact tracing if someone gets sick. Use a digital business card, email or text with your contact information.



LEAVE SOME SPACE

If possible, leave an empty seat between you and the person next to you when attending events during a pandemic, this extra distance can help prevent the spread of infection.



FAQ

Learn more at <https://www.cdc.gov/coronavirus/2019-ncov>

What are COVID-19's symptoms?

Fever, coughing and shortness of breath are the primary symptoms. These symptoms can appear 2-14 days after exposure to someone ill.

What do I do if I have symptoms?

If you think you may have COVID-19, isolate yourself from others and call your healthcare provider for advice on next steps.

How can Gryphon help you?

Gryphon can provide tailored continuity of operations plans, training, and risk communication messaging.
info@gryphonscientific.com

DAILY HABITS

Wash Your Hands



When you arrive at work and before you eat. Wash for at least 20 seconds.

Meet Virtually



Some companies are practicing all staff work from home to prepare.

Stay Home If Ill



Cough Into Your Elbow



Keep Doors Open



...or use tissues to open doors to avoid handling door knobs.

Sanitize Common Spaces



Use a CDC recommended disinfectant like a dilute bleach solution.

Avoid Touching Face

